

# GROUP COACHING

12 WEEK PROGRAM TO EQUIP YOU IN TRANSFORMING YOUR HEALTH AND LIFE!

If You Want To Go Fast, Go Alone

If You Want To Go Far, Let's Go Together!



## ARE YOU READY TO LIVE HEALTHY NOW & FOREVER?

Become the best version of yourself by understanding your health challenges, living better, leading by example and by regaining your health!



### 12-WEEK GROUP COACHING BUNDLE INCLUDES:

- Healthy Now & Forever Online Course (\$199 value)
- Weekly Group Coaching, Challenges and Support
- Accountability Group and Private Facebook Group
- Session runs November 4<sup>th</sup> through January 27<sup>th</sup>

### BONUS:

- You receive exclusive video content
- You receive complimentary access to any Live & Lead online challenges and courses. (\$400+ value)

*\*Note: We have only 20 spots available for this session*

### ACT NOW:

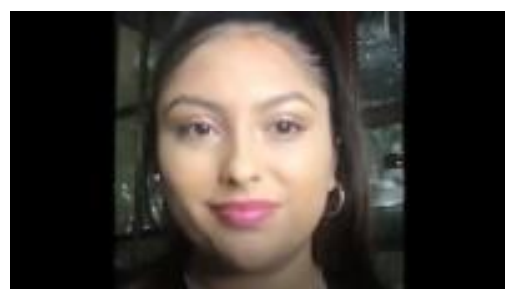
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- 2) Sign up for a call and discover the opportunities by clicking [here](#)



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